



Communal Prayer

For Parishes, Diocesan Commissions & Organisations

A Simple Form of Daily Prayer

A Simple Form of Daily Prayer

In the following schema, any element may be replaced by a longer or shorter element with the same content. Psalms (such as 51, 62, 66, , 93, 130, etc.) or other prayers, such as the Creed, the Acts of Faith/Hope/ Love, or prayers to the Trinity or in honor of the saints may be added according to the choice of the community. Plural phrases may be changed to the first person singular when these prayers are prayed alone.

Basic Schema

1. **Sign of the Cross**
2. **Invocation of the Holy Spirit**
3. **Morning Offering**
4. **Invocation of the Saint of the day and Psalm 100**
5. **Lectio based on the day's gospel reading and Intercession**
6. **Intercession**
7. **Lord's Prayer**
8. **Concluding Prayer**
9. **Doxology**
10. **Closing verse for the day.**

1. Sign of the Cross

2. Invocation of the Holy Spirit

V. Come Holy Spirit, fill the hearts of your faithful

R. And kindle in them the fire of your love.

3. Morning Offering

A) Jan-March

O Jesus, I come before you at the beginning of this day.

I gaze at your face,

I look upon your side pierced by the lance.

Your wounded heart speaks to me of God's love poured out for us.

Take, Lord, and receive my heart:

the words of faith that I speak, the works of justice I would do, my joys and sufferings.

When I come to the Eucharistic altar, gather my offerings to your own for the life of the world.

At the end of the day, place me with Mary, your mother, with St. N. and all the saints by your side, forever surrounded by your love. Amen.

B) April-June

Eternal Father,

I offer You everything I do this day:

my work, my prayers, my apostolic efforts;

my time with family and friends;

my hours of relaxation;

my difficulties, problems and distress, which I shall try to bear with patience.

Join these, my gifts, to the unique offering which Jesus Christ, your Son, renews today in the Eucharist.

Grant, I pray, that, vivified by the Holy Spirit, my life this day may be of service to you and your children and help consecrate the world to you. Amen.

C) July-Sep

God, our Father,
I offer you my day, my prayers, thoughts and words, my actions, joys, and sufferings in union with the Christ your Son, for the salvation of the world.
May the Holy Spirit, who guided Jesus, be my guide and my strength today so that I may witness to your love.
With Mary, the mother of our Lord and the Church, with St. N and all your saints I pray for my family and friends, for the sick and the suffering, those at home and those who are travelling (mention other particular intentions) and all the clergy and religious especially our Holy Father Francis and bishop N.
both of whose intentions I commend to your goodness.

D) Oct-Dec

Heavenly Father,
I offer you this day all that I do and think and say uniting it in the power of the Holy Spirit with what was done by Jesus Christ, your only Son.
Amen.

4. Invocation of the Saint of the Day and Psalm 100

St _____

R. Pray for us

Psalm 100:

Shout for joy to the LORD, all the earth.
Worship the LORD with gladness;
come before him with joyful songs.
Know that the LORD is God.
It is he who made us, and we are his;
we are his people, the sheep of his pasture.
Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and praise his name.
For the LORD is good and his love endures forever;
his faithfulness continues through all generations.

5. Lectio Divina (10-15mins) – Offer prayers/ask for graces from the inspiration received from Scripture.

6. Intercession

7. The Lord's Prayer

8. Concluding Prayer

Let us pray:

A)
Lord our God, King of heaven and earth, we humbly pray that you would guide, sanctify, and govern, our hearts and bodies, in the way of your law and the following of your commandments:
that through thy most mighty protection, Saviour of the world, we may be kept safe in both body and soul both now and forever.
R. Amen.

OR

B)

Lord, may everything we do begin with your inspiration and continue with your help so that all our prayers and works may begin in you and by you be happily ended.

We ask this through Christ our Lord.

R. Amen

9. Doxology

To the King of ages, incorruptible, invisible,
the only God, be honor and glory
forever and ever.

R. Amen.

10. Closing verse for the day.

May the divine assistance + remain always with us.

R. Amen.

And may the souls of the faithful departed through the mercy of God rest in peace.

R. Amen.

